## THERAPIST TALK A MENTAL HEALTH WORKSHOP

SATURDAY MARCH 31, 2018 9:00AM-3:00 PM

UMASS CENTER AT SPRINGFIELD
TOWER SQUARE
1500 MAIN ST. SPRINGFIELD, MA
AND ONLINE



Maria del Mar Farina, LICSW
The instructor holds an MSW from
Smith College of Social Work, in
Northampton Massachusetts and
holds an MBA from Western New
England College, in Springfield, MA.
She is a licensed clinician and practices independently in Longmeadow
and Springfield, MA since May of
2002 and is a clinician at the Smith
College Counseling Center. Maria is
also a PhD candidate at Smith School
of Social Work, in Northampton, Massachusetts. She is bilingual in Spanish and English and is also proficient
in German and French.

As of September 2013, Maria is an Assistant Professor in the MSW program at Westfield University and an adjunct Assistant Professor in the MŚW program at Smith College School of Social Work, since 2006. She has extensive experience in the mental health field as a clinician but also with adult education in teaching three MSW level courses in local colleges: Mental Health and Children, and Diversity and Social Justice; Mental Health and Adults, Social Welfare and Policy Analysis. Also being a member of the MSW Admissions Committee and Student Review Performance Committee (2004 - present) and member of the MSW Faculty Committee and Field Planning Committee has allowed her to know the continued education advancement needs for Medical Interpreters to work in collaboration with the Mental Health

Time: Registration: 8:30 am Program: 9:00 am to 3:00 pm

Regular Fee: \$ 60.00

**CEU Fee: \$30.00 (includes certificate of completion:** 

5.00 CCHI or 0.5 MIA)

10% off for Berkshire AHÉC alumni (confirmation required)

10% off for CMI or CHI certified (proof required)

**Description:** 

This 5 hour workshop will be an information session with regards to how as a Medical Interpreter we can focus on the process and emotion during a Mental Health interpreting encounter; we will explain therapy, its complexity and the intense emotions all can experience. We will focus on Mood Disorders and PTSD. Participants will be able to define transference (clients' feelings/reactions) and countertransference (therapists' feeling's/reactions) and understand these roles within the therapeutic relationship and their impact on the medical interpreter, therapist and client. Be able to understand the various diagnoses classified under Mood Disorders, as well as symptoms characteristic of each disorder, understand the definition of Post-Traumatic Stress Disorder and have the ability to define interpersonal trauma and its implications for attachment, affect regulation and the development of interpersonal connection. Also the role of acculturation: assessment and treatment implications.

**Learning Objectives:** Medical Interpreters participating in this training program will be able to:

- 1. Define transference and countertransference
- 2. Recognize the role of the transference and countertransference within the therapeutic relationship and the impact on the medical interpreter, therapist and client
- 3. Recognize the various diagnoses classified under Mood Disorders, as well as symptoms characteristic of each disorder
- 4. Summarize the definition of Post-Traumatic Stress Disorder
- 5. Define interpersonal trauma and its implications for attachment, affect regulation and the development of interpersonal connections
- 6. Discuss the role of acculturation
- 7. Summarize the role of the Medical Interpreter in accurately conveying the assessment and treatment implications

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## **Registration:**

Berkshire AHEC provides on-line registration for its continuing education programs. Please visit www.berkshireahec.org to register for this and all upcoming programs. Payment can be made with all major credit cards or check. If you are unable to register electroni-cally, Berkshire AHEC staff would be pleased to register you by phone. Please call us at (413) 447-2417 between 8 a.m. and 4 p.m., Monday through Friday.

**Certificates & Completion Requirements:** Participants are expected to sign-in and out, attend the entire program, and complete an evaluation. Certificates will be distributed to participants at the end of the program. Participants will not receive a certificate of completion until payment has been received and if the certificate cannot be presented at the event, the participant will be expected to pick up their certificate from Berkshire AHEC.

**CCHI:** Application has been made to the Certification Commission for Healthcare Interpreters (CCHI) for approval of CE hours.

IMIA: Application has been made to the International Medical Interpreter Association (IMIA) for approval of CEU's.

## **Refunds:**

Berkshire AHEC does not provide refunds after 10 full calendar days prior to the date of the program. If an individual requests a refund after that due to illness a partial credit towards a conference occurring in the same fiscal year may be issued if Berkshire AHEC is notified before the close of business the day prior to the conference. Credits for cancellation due to illness will only be issued once per fiscal year per learner.

**Special Requests:** If you are hearing impaired, or are a person who is differently abled who requires accommoda-tions, please contact Berkshire AHEC 15 days prior to the training.

## **Information:**

**Berkshire AHEC** 413-236-4500 **Website:** www.berkshireahec.org



to receive all future training notices



Supported by Mass Health and the MassAHEC Network, a division of Commonwealth Medicine, University of Massachusetts Medical School

